

EDITORIAL

Editorial: the International Journal of Stress Prevention and Wellbeing

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Welcome to Volume 3 of the International Journal of Stress Prevention and Wellbeing. This publication is an international peer reviewed journal and we invite contributions that focus upon aspects of the theory, research and practice of stress prevention, stress management, stress psychophysiology, health and wellbeing. If you are unsure if a paper or topic is suitable for the journal, the editors can provide initial guidance. Email us the title and abstract and we will endeavor to respond within 10 working days. We are also interested in conference reports and book reviews. However, do check with us first regarding the possible submission of conference reports and book reviews.

In the last volume we published papers on a range of topics including Anticipation and the cortisol awakening response within a dynamic psychosocial work environment (Campbell, Westbury, Davison, & Florida-James, 2018); Personality and resilience: Domains, facets, and non-linear relationships (Robertson, Leach, & Dawson, 2018); and Social Media Usage and Psychological Wellbeing among Indian Youth (Upadhyay, 2018).

Databases

Since the launch in 2017, the International Journal of Stress Prevention and Wellbeing is now listed in a number of databases including The Electronic Journals Library published by Universität Regensburg, Genamics JournalSeek, and the WorldCat which is the world’s largest network of library content and services. These listings help to promote the journal and articles.

Our thanks

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Biographies

Prof Stephen Palmer is Coordinating Director of the ISCP International Centre for Coaching Psychology Research. He is Founder Director of the Centre for Stress Management, and Centre for Coaching, London. He is the Honorary President and a Fellow of both the International Stress Management Association and the International Society for Coaching Psychology. He is Professor of Practice at the Wales Institute for Work Based Learning, University of Wales Trinity Saint David and Adjunct Professor of Coaching Psychology at Aalborg University, Denmark. He is Founder Director of the Coaching Psychology Unit, at City, University of London, UK. He is former Visiting Professor of Work Based Learning and Stress Management at Middlesex University. He is a coaching, counselling and health psychologist and applied positive psychologist. He has written or edited over 50 books and has published over 225 articles.

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Further information about the IJSPW and information for contributors are available on the website: <http://www.stressprevention.net>

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