

EDITORIAL

Editorial: the International Journal of Stress Prevention and Wellbeing

Prof Stephen Palmer¹ and Dr Siobhain O’Riordan¹

Corresponding author

¹Prof Stephen Palmer
email: editor@
nationalwellbeingsservice.com

Affiliations

¹ *International Journal of Stress Prevention and Wellbeing*
156 Westcombe Hill
London, SE3 7DH, UK

Copyright

© National Wellbeing Service Ltd

Funding

None declared

Declaration of conflicting interests

The author(s) declared no potential conflicts of interest in respect to their authorship or the publication of this paper.

Acknowledgments

None declared

Welcome to Volume 4 of the International Journal of Stress Prevention and Wellbeing. This publication is an international peer reviewed journal. We cordially invite academic contributions from researchers and health practitioners that focus upon aspects of the research, theory and practice of stress prevention, stress psychophysiology, stress management, health and wellbeing.

The editors can provide initial guidance as to whether or not a particular topic is suitable for the journal. Email us the title and abstract and we will endeavor to respond within 7 working days. We are also interested in hearing from experts in the field who are considering editing a special issue on a stress related topic.

We publish conference reports, keynotes and book reviews. However, do check with us first regarding the possible submission of conference reports and book reviews. We will consider publishing a research thesis if adapted to our journal.

Databases

The International Journal of Stress Prevention and Wellbeing is now listed in a number of

databases including Genamics JournalSeek, The Electronic Journals Library which is published by Universität Regensburg, Genamics JournalSeek, and the WorldCat which is the world’s largest network of library content and services. The journal is also listed in Directory of Research Journals Indexing. These databases and indexes help to promote articles published in the journal.

Sponsors

We would like to thank the International Stress Management Association (ISMA UK) for sponsoring the journal. ISMAUK is a registered charity and the lead professional body for workplace and personal wellbeing, stress management and Performance.

Our Corporate Sponsors pay a sponsorship fee: Centre for Stress Management, Centre for Coaching, London and International Academy for Professional Development Ltd. The journal is published by the National wellbeing Service Ltd. ■

Further information about the International Journal of Stress Prevention and Wellbeing and details for contributors are available on the journal website www.stressprevention.net

Citation

Palmer, S., & O'Riordan, S. (2020). 'Editorial: the International Journal of Stress Prevention and Wellbeing'. *International Journal of Stress Prevention and Wellbeing*, 4, 1, 1-2.
Retrieved from: <http://www.stressprevention.net/volume/volume-4-2020/volume-4-article-1-editorial>

Biographies

Prof Stephen Palmer is Coordinating Director of the ISCP International Centre for Coaching Psychology Research. He is Founder Director of the Centre for Stress Management, and Centre for Coaching, London. He is the Honorary President and a Fellow of both the International Stress Management Association and the International Society for Coaching Psychology. He is Professor of Practice at the Wales Academy for Professional Practice and Applied Research, University of Wales Trinity Saint David and Adjunct Professor of Coaching Psychology at Aalborg University, Denmark. He is former Visiting Professor of Work Based Learning and Stress Management at Middlesex University. He is a coaching, counselling and health psychologist and applied positive psychologist. He has written or edited over 50 books and has published over 225 articles and chapters.



<http://orcid.org/0000-0002-0108-6999>

Dr Siobhain O'Riordan PhD is a chartered psychologist and chartered scientist. She is Chair and a Fellow of the International Society for Coaching Psychology and member and Trustee of the International Stress Management Association (UK). Siobhain is also a trainer and course co-director on the stress management and coaching programmes at the Centre for Stress Management and Centre for Coaching, London. She is a Director of the International Academy for Professional Development.



<http://orcid.org/0000-0003-3216-2939>